Austin Blacks COVID-19 Protocol

- Table of Contents
 - \circ Introduction
 - COVID-19 RESPONSE PLAN
 - Cleaning Procedures
 - Participant/Spectator Screening
 - **o Health Monitoring/Contact Tracing**
 - **o** Training/Practice Policies
 - Gameday Policies
 - o Return-to-play criteria
 - **o Standard Operating Procedures**



- INTRODUCTION:

- Austin Blacks strive to maintain a safe training and playing environment for players, coaches, officials, and spectators alike.
 Implementing policies and procedures to limit the spread of COVID-19 is of paramount importance. The following document will outline the following policies and protocols:
 - COVID-19 RESPONSE PLAN
 - Standard Operating Procedures
 - Cleaning Procedures
 - Participant/Spectator Screening
 - Health Monitoring/Contact Tracing
 - Training/Practice Policies
 - Gameday Policies
 - Return-to-play criteria

- COVID-19 RESPONSE PLAN:

 The Austin Blacks COVID-19 Response plan includes standard operating procedures, cleaning procedures, screening protocols for participants/spectators, heath monitoring/contact tracing, training/practice policies, gameday policies, and return to play criteria. While not being able to completely prevent the spread of COVID-19, the COVID-19 RESPONSE PLAN aims to limit the spread and provide guidance for participants and spectators alike.

- Standard Operating Procedures:
 - Burr Field Facilities:
 - General Grounds
 - Maintain Social Distancing and use required PPE as required by local jurisdictions.
 - Field 1/2/3
 - Participants, (including but not limited to, players, coaches, referees, and training staff/medical personnel) are the only people allowed to be in the participant designated locations. The below diagram will identify these locations. While located in these areas, participants are required to wear face coverings as required by local jurisdictions while not actively participating on field. Participants will be required to socially distance per local regulations while not actively participating on field.
 - Spectators are only allowed in spectator designated locations. The below diagram will identify these locations. While located in these areas, spectators are required to wear face coverings as required by local jurisdictions while located in spectator designated locations. Spectators will be required to socially distance per local regulations.

Clubhouse

• Occupancy to be in line with maximum allowable occupancy per local jurisdictions. While not seated and

eating or drinking, occupants will be required to wear masks and socially distance per local jurisdictions.

- Clubhouse to be cleaned periodically as detailed in cleaning procedures.
- Emphasis will be placed on keeping time spent in club house to a minimum.

Restroom Facilities

- Restrooms to be allowed max occupancy as allowed by local jurisdictions.
- Restrooms to be cleaned periodically as detailed in cleaning procedures.

Changing Rooms/Showers

- CHANGING ROOMS & SHOWERS WILL BE CLOSED UNTIL FURTHER NOTICE!
- UPON RE-OPENING OF CHANGING ROOMS & SHOWERS THE FOLLOWING PROTOCOLS WILL BE USED:
- Changing rooms/showers to be limited to maximum occupancy as allowed by local jurisdictions.
- Emphasis will be placed on limited use for these facilities.
- Changing Rooms/Showers to be cleaned periodically as detailed in cleaning procedures.

Weight Room

- WEIGHT ROOM WILL BE CLOSED UNTIL FURTHER NOTICE!
- UPON RE-OPENING OF WEIGHT ROOM THE FOLLOWING PROTOCOLS WILL BE USED:

- Weight Room to be limited to maximum occupancy as allowed by local jurisdictions.
- Emphasis will be placed on limiting time spent inside weight room.
- Weight Room to be cleaned periodically as detailed in cleaning procedures.

- CLEANING PROCEDURES:

- Normal routine cleaning with soap and water will decrease how much of the virus is on surfaces and objects, which reduces the risk of exposure.
- Disinfection using <u>EPA-approved disinfectants against COVID-</u> <u>19 external icon</u> can also help reduce the risk. Frequent disinfection of surfaces and objects touched by multiple people is important.
- When EPA-approved disinfectants external icon are not available, alternative disinfectants can be used (for example, 1/3 cup of 5.25%—8.25% bleach added to 1 gallon of water, or 70% alcohol solutions). Do not mix bleach or other cleaning and disinfection products together. This can cause fumes that may be very dangerous to breathe in. Bleach solutions will be effective for disinfection up to 24 hours. Keep all disinfectants out of the reach of children.
- Outdoor areas generally require normal routine cleaning and do not require disinfection. Spraying disinfectant on sidewalks and in parks is not an efficient use of disinfectant supplies and has not been proven to reduce the risk of COVID-19 to the public. You should maintain existing cleaning and hygiene practices for outdoor areas.
- The targeted use of disinfectants can be done effectively, efficiently, and safely on outdoor hard surfaces and objects frequently touched by multiple people. Certain outdoor areas and

facilities, such as bars and restaurants, may have additional requirements.

- There is no evidence that the virus that causes COVID-19 can spread directly to humans from water in pools, hot tubs or spas, or water play areas. Proper operation, maintenance, and disinfection (for example, with chlorine or bromine) of pools, hot tubs or spas, and water playgrounds should kill the virus that causes COVID-19. However, there are additional concerns with outdoor areas that may be maintained less frequently, including playgrounds, or other facilities located within local, state, or national parks.
- If your workplace, school, or business has been unoccupied for 7 days or more, it will only need your normal routine cleaning to reopen the area. This is because the virus that causes COVID-19 has not been shown to survive on surfaces longer than this time.
- There are many public health considerations, not just COVID-19 related, when reopening public buildings and spaces that have been closed for extended periods. It is not necessary to clean ventilation systems, other than routine maintenance, as part of reducing risk of corona viruses.
- Examples of frequently touched surfaces and objects that will need routine disinfection following reopening are:
 - tables,
 - doorknobs,
 - light switches,
 - countertops,
 - handles,
 - desks,
 - phones,
 - keyboards,
 - toilets,
 - faucets and sinks,
 - gas pump handles,
 - touch screens, and

- ATM machines
- Each business or facility will have different surfaces and objects that are frequently touched by multiple people. Appropriately disinfect these surfaces and objects.
- Routine cleaning and disinfecting are an important part of reducing the risk of exposure to COVID-19. Normal routine cleaning with soap and water alone can reduce risk of exposure and is a necessary step before you disinfect dirty surfaces.
- Surfaces frequently touched by multiple people, such as door handles, desks, phones, light switches, and faucets, should be cleaned and disinfected at least daily. More frequent cleaning and disinfection may be required based on level of use. For example, certain surfaces and objects in public spaces, such as shopping carts and point of sale keypads, should be cleaned, and disinfected before each use.
- Consider choosing a different disinfectant if your first choice is in short supply. Make sure there is enough supply of gloves and appropriate personal protective equipment (PPE) based on the label, the amount of product you will need to apply, and the size of the surface you are treating.
- Areas to be cleaned periodically as follows:
 - General Grounds
 - cleaned and disinfected pre and post activity at frequently touched surfaces.
 - Field 1/2/3-
 - Clean participant areas pre and post each match.
 - Clean spectator areas pre- and post-match day activities.
 - Clean participant areas pre and post training activities

- Clubhouse
 - Frequently touched surfaces to be cleaned hourly.
 - Clubhouse building to cleaned pre-and post-match day activities
 - Cleaned pre and post training activities
- Restroom Facilities
 - Cleaned pre-and post-match day activity as well as hourly during match day activities
 - Cleaned pre and post training activities
- Changing Rooms/Showers
 - Cleaned pre-and post-match day activity as well as hourly during match day activities
 - Cleaned pre and post training activities
- Weight Room
 - Closed during match day procedures
 - Frequently touched surfaces to be cleaned hourly while in use.
 - Cleaned pre and post training activity

- PARTICIPANT/SPECTATOR SCREENING:

- Please refer to separate participant and spectatorscreening document.
- Screening required to participate or spectate in training and gameday activities.
- Persons not passing screening protocol will be required to leave the premises.

- HEALTH MONITORING AND CONTACT TRACING:

 Participants that have received a positive COVID-19 test result, will be required to complete the separate, "COVID-19 Questionnaire". This will serve to trace contact between positive persons and participants and limit further exposure to other members.

- TRAINING AND PRACTICE PROCEDURES:

• Training and practice activities to be in accordance with local jurisdictions and Texas Rugby Union allowed activities.

- GAMEDAY POLICIES

- All participants required to complete the aforementioned participant screening. Anyone deemed out of compliance will not be allowed to participate.
- All spectators will be required to complete the aforementioned screening. Anyone deemed out of compliance will not be allowed to spectate.
- All Standard Operating Procedures are to be followed and all PPE and Social distancing requirements per local jurisdictions is to be followed.

- RETURN TO PLAY CRITERIA:

• Participants that have received a positive COVID-19 test will need to not show any symptoms and test negative prior to returning to participation.